

DR. CAPRIO'S SEX CLINIC



DR. CAPRIO

This month's question: How does alcohol affect one's sex life?

With few exceptions, people who drink to excess are sexually maladjusted. In my own experience, I have yet to treat a woman with a drinking problem who did not have an accompanying sexual problem.

The sexual frustration may arise out of the repression of the sexual urge, or it may involve a promiscuity complex, infidelity, homosexuality or frigidity.

A frigid woman, for example, may want to engage in an extramarital affair. However, because of her feelings of guilt, she is compelled to drink to excess in order to drown out her conscience. She wants her pleasure without guilt, and under the influence of alcohol she is not responsible for her behavior.

Many women feel they are less inhibited under the influence of alcohol and more apt to achieve a sexual climax after several drinks. This is true of both sexes, provided the amount of drinking is limited to a few drinks. But when the drinking becomes excessive it makes the man more impotent and the woman more frigid.

The wife of a successful engineer consulted me because of her compulsion to drink to excess. She stated that her husband, while he gave her material comforts, failed to satisfy her sexually. She described him as being awkward and a clumsy lover. Because of her sexual frustration she began to drink excessively.

In this particular case the husband was encouraged to avail himself of psychiatric treatment. When he had improved his lovemaking technique, his wife found her sex life more satisfactory and she limited her drinking.

There are endless case illustrations showing the relationship of sexual frustrations to drinking problems. However, the various individual cases parallel each other. The alcohol is used as a means of escaping the awareness of their sexual difficulty.

Police Gazette Horoscope for July

Capricorn (the goat) Dec 22-Jan 19

Magazines and newspapers made too much noise, but a dead rat will go unnoticed. Stay hungry and lean for a surprise visit from old friends.

Aquarius (the water bearer) Jan 20-Feb 18

Look for someone named "Jones" near the bus station and ask as many questions as they will allow. Steer clear of yellow cars and crying babies.

Pisces (the fish) Feb 19-Mar 20

Meddling neighbors can be more of a bother than you had anticipated. Ropes and lighter fluid both dissipate in the correct heat.

Aries (the ram) Mar 21-Apr 19

Learn something new this month. You will have plenty of time and not much money.

Taurus (the bull) Apr 20-May 20

Five young people in a group are not very "hip" to your advice. Keep cash on hand and a handy position by the nearest exterior door.

Gemini (the twins) May 21-Jun 21

Eeny meeney miney... mop? Two strangers will look very tempting to you in July; but remember, what goes around comes back harder.

While it may seem to lessen the guilt feelings temporarily, it actually increases the feelings of guilt, making for even greater sexual frustration. This in turn causes the person to resort to more alcohol to drown the increased guilt.

NEW WORLD RECORDS

First Person to Cross a High Wire over the Grand Canyon

Nik Wallenda accomplished the feat, traversing 1,400 feet of steel cable more than 1,500 feet above the canyon floor without any tether or safety net. The walk lasted a total of 22 minutes 54 seconds, and he prayed the entire time. Wouldn't you?

Longest Gap Between Number-One Albums on UK Chart

Black Sabbath's new album *13* entered the Official UK Album Chart at the top spot. The last time Black Sabbath were number one in the UK was 42 years 8 months ago in October 1970, with their second album *Paranoid*.

Oldest Man Ever Dies

Jiroemon Kimura, of Kyotango, Japan, has died. He was 116 years 54 days old, which is the oldest age ever recorded.

Courtesy of Guinness World Records
Visit www.GuinnessWorldRecords.com

OZONE

(continued from page 6)

can-eat buffet. His style of playing... off-the-hook high energy... fits perfectly in the MOBDAY setting. Alex on vox was just ridiculous! He has such a powerful voice that when he was singing harmony he was at least two feet back from the mic! Alex could clearly sing lead vox too, but he doesn't need to with Ryan up front!

I was worried for the band's health pretty much the whole MOBDAY set. All of them were all over the place! There were infinite times things could have gone horribly wrong for the front three guys... Ryan was climbing all over the stage... up and down and over. Alex was WHIPPING all over the place with his body and the ever-dangerous headstock! You ever been whacked in the back of the head with someone else's guitar headstock?! It freakin' HURTS! Alex totally had it under control though. No headstock injuries were reported! Bravo Alex!!

Now... Mr. Jordan... My God!! Just getting completely out of control! NICE! He kept doing this bend over backwards thing, that would be a serious concern at my age, but he NEVER went

over! He is one ambidextrous dude. How the hell these guys whip all over the place WHILE keeping the band groove incredibly tight is a natural gift. You're either born with it or you're not folks... sorry if I disillusioned your day.

Some bands just get up and pound out the tunes. Other bands, like MOBDAY, interact with the crowd. Ryan had the place quickly whipped into a frenzy and we were all slaves to the MOBDAY groove for the duration of the set! Ya Baby! No choice gang... as soon as they hit the stage we were all mesmerized.

Now you all thought I forgot about the "old man" of the clan... Ty? (inside joke... I'm way older than Ty.) No way... never... the drummer? The bass and drums are the backbone of a band. I know that many may not agree, but bass and drums ARE the backbone of any band. Ty on drums to me is the epitome of a "Rock Drummer." He is a hard hitting mofo, that absolutely rips it up on drums. Do you know the drummers that take their sticks above their heads and come down on their drum heads with a vengeance, like they REALLY mean to hit hard? Ya. That's Ty. No pussy footin' toe-tap dance drummer in MOBDAY. No sir, no way. Just absolutely controlled chaos on drums is all I can really think.

He is such a powerful drummer that the only drum mic'ed was his kick drum (bass drum). Every time he hammered on his kick drum, my breastbone resonated... you know that feeling? Like you're almost going to throw up? But I know for one I can't get enough kick drum. Thankfully MOBDAY has struck gold with Ty on the drum kit. Alex on bass and Ty on drums absolutely lock up for the rhythm section of the band.

MOBDAY does all original tunes. If you listen to my radio show on WHRW you have heard every tune MOBDAY has sent me. Even the one Jordan NEVER thought he would hear on the radio. (inside joke... be nice Jordan!! hahaha) DOH!

There are several things I look for in a live band: bass and drums, are the locked? MOBDAY, yes. Vocals, lead and harmony vocals? MOBDAY, awesome. Guitar playing, rhythm and leads... Mr. Jordan... are you kidding me?! Jordan is a phenomenal guitar player. So that supplies all of the KEY elements needed for a successful live band. I also look for onstage energy. Are you freaking kidding me?! MOBDAY is an extremely high energy band. Of course, how do they sound together as a band? I can't expect any band to sound like a studio recording live because there are just too many parameters to pull together to put on a good-sounding live show. You knew that. But MOBDAY live was an awesome production... musically, energy-wise, the vocal performance live... all of the key elements involved with the live sound.

MOBDAY f**king nailed it, fellow Zoners! I saw it myself. It screwed me up for days!! Not cool at my age! My neck has not been that sore from bucking my head since I saw AC/DC live and thought I could keep up with Angus. No dice. My neck has never been right since, and thankfully there are still high-energy bands around like MOBDAY to supply me with a junkie's portion of adrenaline and head-bucking activities. The chemistry they pull together on stage is incredible, and you should go out ASAP and catch MOBDAY live. I'll be there.

I did an in-house interview at the mothership, WHRW, with MOBDAY and of course recorded it. We discussed all of their musical influences, song-writing skills, and how every actual MOBDAY song is penned. We discussed a plethora of other items as well. If anyone wants a copy of the actual unedited MOBDAY/Ozone interview email me at ozoneintheam@gmail.com. Please send me ideas, hints, comments, and suggestions too. I love listener, and now reader, input. I couldn't do it without each and every one of you... so thank you!

And listen to WHRW-FM 90.5 every Monday 7-10AM where I highlight one or two hours of local music and local bands. We're also on the web at www.whrwfm.org. Always listen at the highest bitrate your computer can take! Listen to it on vinyl! Hook up those dang turntables! If you have a turntable and it's not hooked up, shame on you! Get out and check out some live local bands... and I'll catch you all next month.