

DR. CAPRIO'S SEX CLINIC



DR. CAPRIO

This month's question: What is vaginismus?

Vaginismus refers to a spasm of the muscles of the vagina causing intercourse to be painful.

It is often associated with coitophobia (a fear of sexual intercourse). Vaginismus may represent, subconsciously, a fear of becoming pregnant—a fear of childbirth. Women who have had an unfortunate sexual experience may develop vaginismus.

A patient complained that, whenever her husband made an attempt to insert his penis, she would suddenly freeze and her vaginal muscles would contract. Intercourse became almost impossible.

She informed me she had been brought up in a strict family and had been taught that even kissing was sinful. These impressions in her adolescent years carried over into her marriage.

When the woman was made to understand the origin of her fears, she taught herself to relax, to accept the fact that sex was to be mutually enjoyed by both husband and wife, and was essential to marriage-happiness. The vaginismus disappeared and she was able to enjoy sexual relations without discomfort.

NEW WORLD RECORDS

Biggest Wave Surfed (Paddle-In)

Shawn Dollar successfully surfed a 61-foot wave at the Cortes Bank, 100 miles west of San Diego, CA. The record for a jet-ski assisted ride is still 78 feet, achieved by Garrett McNamara in Nazaré, Portugal.

Most Expensive Video Game

A special edition of GRID 2 by Codemasters can be had for \$190,100. The racing-simulation

game includes an actual BAC Mono supercar that can achieve 170mph and go from 0 to 60 in 2.8 seconds. The regular version of the game is available on PC, PS3 and Xbox 360.

Most Frequent Clapper

Vanna White has clapped, it is estimated, at least 3,480,864 times across 30 seasons of the TV show Wheel of Fortune. She's appeared in all but 10 of the show's 5,754 episodes to this point. That works out to an average number of 606 claps per show.

Most Sandwiches Made in One Hour

Eckrich Bacon Lovers Deli Meats set a record by making 2,706 sandwiches in 60 minutes. The event took place aboard the USS Intrepid museum in New York City.

Courtesy of Guinness World Records
Visit www.GuinnessWorldRecords.com

Limerick of the Month

There was a young lady of Exeter,
So pretty that men craned their necks at her.

One was even so brave

As to stand up and wave

The distinguishing mark of his sex at her.

Like to submit a limerick? Write letters@
policegazette.us. Maybe we'll use it!

OZONE

(continued from page 11)

"space" to fill up! Brian pulls off the low frequency with scientific fit and precision.

Idris's guitar sound has an extremely thick, throaty, guttural sound from his Gibson that is just bone crushing. Nice! When you hear Idris on CD, it simply doesn't do justice to his live sound. The same goes for Andrew and Brian. HTIP is an extremely powerful band live... you really just need to check out HTIP live. My writing a column about them doesn't do them justice!

What does HTIP think about the local music scene? "There is huge musical potential in this area," says Idris. "There is a punk/pop-punk scene; there is an indie scene that draws a decent crowd.... But what I would like to see is instead of being locked in your scene like 'nobody in, nobody out,' why not try expanding by playing with other bands outside of your circle or inviting them to play with you in your circle? I don't

need it as a place to take cover. The smell of putrid meat may tell you your new landlord is more interesting than you think. Take a walk on a Tuesday afternoon and remember to keep your breath fresh.

Leo (the lion) Jul 23-Aug 22

Bipolar disorder is a ploy by doctors to find out where you hid the silver key! Don't fall prey to any fancy words or tempting offers this month. "H" and "5" remember more than you think.

Virgo (the virgin) Aug 23-Sep 22

An overheard snippet of conversation could raise your ire a little too much. Remember what Sparky and the Dominican always said and don't shake the gravy.

Libra (the scales) Sep 23-Oct 22

Mother Nature is your friend on the 15th! Look for treasure in any low foliage areas near your home.

Scorpio (the scorpion) Oct 23-Nov 21

A young widow could be your key to a great evening on the town! Remember to give a false name and don't rattle too loudly.

Sagittarius (the archer) Nov 22-Dec 21

"Lucky Strikes Back" ain't just an old ad slogan, if you know what I mean. Someone from your past is out for revenge and if you are careless they will have it. This is a good month to play the horses or eat sauerkraut.

see that happening as often as I would like to see."

You can find HTIP on Spacebook at facebook.com/happythievesinparadise and Twitter at twitter.com/happythieves. Find them on ReverNation at reverbnation.com/happythievesinparadise.

As always, please tune in my radio show Mondays from 7:00 to 10:00AM exclusively at WHRW-FM 90.5 Binghamton NY, or on the Web at www.whrwfm.org. Stay tuned for local music, interviews, and everything that is Binghamton, NY. Local bands, if you want your music played on local radio—makes perfect sense to me anyhow—or if any local bands want to do an interview or send me updates, contact me at ozoneintheam@gmail.com. I, unlike commercial radio, will welcome you with open arms! Ask any artist I've worked with. I am dang proud to promote local music any way I can! Thanks, and Keep Rockin' in the Southern Tier!

JUSER

(continued from page 3)

Some have praised Jack the Ripper for granting his unfortunate victims an immortality they could not have achieved otherwise. Bambi Madden's disappearance and probable murder is a carbon copy of a crime that happens everywhere. They are difficult to solve and easy to forget. Bambi Madden lived a dangerous life and associated with dangerous people involved with criminal activity. Unemployment, poverty, and dangerous drugs fester in unseen sections of Binghamton. Did the police become tight-lipped with information after Madden's family pushed to dig up multiple basements to pursue a rumor?

Bambi Madden may have lived a hard life and supported it with poor decisions, but that does not warrant a death sentence. Her family deserves the opportunity to face her killer in court, no matter how they've lived their own lives. Bambi's killer is probably someone she knew well, probably someone involved in the same activities. Petrucci himself fits this description. The Vampire's flow-chart beneath the highway identifies a "Mike" that knew Dittman's killer, and was being set-up by Zikuski as a "dead scapegoat." Were his messages expressions of his own guilt? Seven years on there is little evidence that could lead to Madden or her killer. Instead, she will rest as one of the great mysteries of the Twilight Zone.

The End.

View his work at Regular Crazy, www.printisbetter.com.

NORTH BREWERY

(continued from page 12)

Except when we do maybe a six-month anniversary or a year anniversary you might see like a dollar increase because I use a lot of ingredients in something like that. But I try to stay comparable. Even our glassware is comparable; it's \$3.50 for an empty 64-ounce bottle and \$2.50 for an empty 32-ounce bottle. Joe and I traveled last summer all across New York State to all the breweries, and we hated going to a brewery that would charge like \$14.00 for their glass growlers. We hated that. So we wanted to keep it reasonable for everybody.

What are your plans for the future? Where do you see this going?

We're already looking to upgrade to a three-barrel or five-barrel system by the end of summer because the reception we've gotten has been so overwhelming from the community. And then we plan on bottling our beer because I've been approached by several distributing companies to have us bottle our beer so we can put it in Wegman's and stores around the area. But definitely in the near future more beer, more beer for people. A lot more.

Police Gazette Horoscope for June

Capricorn (the goat) Dec 22-Jan 19

Blue Oyster Cult music is an omen of danger between the 11th and 21st, so keep your ears clear. Eating pineapples will lead to fortunate circumstances IF you can keep aware of any abnormal behavior from your comrades.

Aquarius (the water bearer) Jan 20-Feb 18

You should know by now exactly what his limit is, so continue to "ride the line" until something gives. Someone called Margaret holds a strange secret you cannot refuse.

Pisces (the fish) Feb 19-Mar 20

Bubble gum and loose women, seldom a success story! Keep clean shaven and steer clear of any suspicious barbecues.

Aries (the ram) Mar 21-Apr 19

Bury me not 'neath the weeping willow! Four men in a black Audi are up to little good. Wear wide-brimmed hats and keep a low profile when traveling more than three blocks from home.

Taurus (the bull) Apr 20-May 20

Singing waitresses are a harbinger of ill fortune. Be forceful and stern in all matters concerning money or matchsticks.

Gemini (the twins) May 21-Jun 21

Money and crash helmets don't mix on the 7th. Eat plenty of soul food this month and keep a sharp eye for loose fillings.

Cancer (the crab) Jun 22-Jul 22

Remember an old bridge on the 5th. You may